**Suggested Patient Teaching Presentation Topics**

1. The client will be discharged with a prescription for Lanoxin 0.5mg/day. Teach patient how and why to count and record pulse.  
2. Teaching smoking cessation strategies to a newly diagnosed COPD client.  
3. Teach a newly diagnosed diabetic client to inject 21 units of NPH mixed with 7 units of Regular insulin.  
4. Instruct a client with end-stage AIDS/Cancer about an appropriate diet.  
5. Teach a post-op patient how to splint the incision, cough and deep breathe, and use an incentive spirometer after abdominal surgery.  
6. Teach an asthmatic patient how to use several different types of inhalers.  
7. Teach self-breast examination.  
8. Teach post-mastectomy exercises.  
9. Teach pursed lip breathing and diaphragmatic breathing techniques to a patient with COPD.  
10. Teach self-testicular exam.  
11. Teach stress management techniques.  
12. Instruct a client about managing an anaphylactic episode and self-injection utilizing an Epi-pen.

Other topics must be approved by the Instructor.

_Evaluate the effectiveness of the Presentation!_