OBJECTIVES FOR STUDENT ROTATION TO CARDIAC CATHETERIZATION (CATH) LAB

1. Identify role of nurse in the cardiac cath lab
2. Assist in determining client’s physical and psychological readiness for cardiac catheterization
3. Determine client’s knowledge level of procedure
4. Use therapeutic measures to decrease fear and anxiety in the client
5. Review protocols utilized for pre and post-procedure assessment of client
6. Assist with client care throughout the diagnostic procedure and recovery.
7. Review hemodynamic monitoring and calculations obtained during the cardiac cath with the nurse and relate these to cardiac health/disease

OBJECTIVES FOR STUDENT ROTATION TO CARDIAC REHAB UNIT

1. Identify role of the nurse in rehabilitation phase of cardiac care
2. Discuss the role of the client and family in rehabilitation
3. Differentiate between acute and rehab phase of care
4. Assist with intake assessment to the rehab unit
5. Discuss with the client any feelings or concerns he or she might have about the stress of cardiac illness and use therapeutic measures to decrease anxiety
6. Interview client and/or family to determine factors associated with cardiac stressors
7. Participate with nurse in assessing client during prescribed exercise
8. Participate in implementing nursing protocols to meet client needs
9. Identify criteria used to initiate, continue or discontinue rehab session
10. Observe and assist with client education for health promotion and maintenance