NURSING II
Gerontology Workshop Guide

WORKSHOP DESCRIPTION
Actual and potential physiological and psychological stressors that affect the client’s adjustment to aging will be discussed. Nursing diagnoses and interventions related to cognitive, physiological and psychological stressors in the elderly will be explored. End of life and pain management will also be presented.

OBJECTIVES
Identify Myths and Facts about Aging
Increase sensitivity to the needs of the aging client.
Understand the experience of ageing as a biological, social gendered process.
Describe approaches that contribute to healthy ageing.
Develop insight into elders adaptation to aging.
Identify Erikson’s 8 Stages of Man
Apply Erikson’s 8 Stages of Man to an aging individual
Identify psychological stressors related to the adjustment to aging.
Assess the aging client for manifestations of cognitive decline.
Identify physiological changes related to aging.
Apply knowledge of patho-physiology to common health problems of the elderly.
Discuss pain management in elderly and in clients with dementia.
Explore the impact of selected illnesses on older adults and their family members.
Appreciate the unique knowledge and skills required to provide competent care to older adults.
Analyze the nurse’s role in promoting best practices in the care of older adults.

READINGS
Text:

Cognitive Disorders Chapter 21
Developmental Theories, Psychosocial Aging p 131-132

WORKSHOP REQUIREMENTS:
REMINISCENCE ASSIGNMENT®. THE ROTATION SCHEDULE WILL HAVE THE INDIVIDUAL DUE DATES. BE PREPARED TO GIVE A 5-10 MINUTE PRESENTATION TO THE GROUP

FAILURE TO COMPLETE THE ASSIGNMENT WILL RESULT IN A CLINICAL FAILURE FOR EACH DAY THAT THE ASSIGNMENT IS OVER DUE.

You will be responsible for all material presented and discussed in the workshop. Questions on this material will be included on the final exam.