Supplemental Items on Reserve at the Eastern Campus Library for BIO130 & BIO132:

1. **Get Ready for A&P** by Lori K. Garrett. (A book designed to help you succeed in A&P: it teaches study skills, test taking skills, math and science skills, and includes some general overview information with quiz yourself questions.)

2. **An Introduction to Chemistry for Biology Students** by George I. Sackheim. (Chemistry review book that deals with material as a series of questions, the answers are provided.)

3. **Human Anatomy and Physiology Laboratory Manual Cat Version**, by Elaine N. Marieb, (This is the required lab book.)


5. **Fundamentals of Anatomy and Physiology** by Frederic H. Martini. (This is the course textbook.)

6. **A Visual Analogy Guide to Human Anatomy & Physiology**, by Paul A. Krieger. (Coloring book style that provides some interesting analogies to try to help you remember some of the anatomy, limited scope of topics but the ones that are there are useful.)

7. **Mosby’s Anatomy Coloring Book** edited by Barbara A, Magerl and Bernadette A. Sanner. (Contains sketches of anatomical features you can practice labeling, answers are in the back.)

8. **Anatomy & Physiology Coloring Workbook: A Complete Study Guide** by Elaine N. Marieb. (Contains study questions and diagrams to label for extra practice, answers are in the back.)

9. **Atlas of the Skeletal Muscles** by Robert J. Stone and Judith A. Stone. (Contains sketches of each skeletal muscle alone on the skeleton for easy visualization of the origins and insertions. This is for BIO130 content only.)

10. **An Illustrated Atlas of the Skeletal Muscles** by Bradley S. Bowden and Joan M. Bowden. (Contains sketches of each skeletal muscle alone on the skeleton for easy visualization of the origins and insertions. Also has line drawing of bones with features numbered to allow self quizzing, and chapters on joints, movement and nerves. This is for BIO130 content only.)

11. **Anatomy Flash Cards** (Some are very useful, some cover topics we do not discuss so be selective.) These can be copied to make flash cards or used to give you an idea how to make some flash cards.

12. Bone models: full size half skeleton. (Same plastic bone models used in lab available for in library study. This is for BIO130 content only.)